

Prayer Guide

**“... if my people, who are called by my name,
will humble themselves and pray and seek
my face and turn from their wicked ways,
then I will hear from heaven, and I will
forgive their sin and will heal their land.”**

2 Chronicles 7:14

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Church of the King Family,

Our greatest desire is to help you grow in your relationship with God. One of the most important keys to spiritual growth is developing a lifestyle of prayer—that’s why our team has developed this resource. We want to help equip you in this vital area!

In this guide, you’ll find access to what the Scripture says about a wide array of topics. As you engage in prayer this year, I encourage you to stand upon the powerful promises found throughout the pages of this guide.

As you confess God’s Word, you’ll retrain your thoughts and emotions to align with what God has spoken in His Word. Together, let’s grow closer to God through prayer than ever before!

Blessings,



Steve Robinson



What is Fasting?

The goal of fasting is not just to go without food; it is to draw nearer to God. The definition of a biblical fast is *to restrict food for a spiritual purpose*. Fasting is not just an exercise for the super-spiritual, but it should be a periodic discipline in the life of every believer.

The constant demands and pressures of daily life on your mind, will, and emotions can weigh you down and cause you to lose focus. This can cause you to feel spiritually sluggish and desensitized.

Fasting is a way for you to celebrate the goodness and mercy of God. It is also a way to prepare your soul to expand and contain the fresh new purposes God desires to bring into your life.

Choosing The Right Fast for You

Your personal fast should present a level of challenge. However, it is very important to know your own body, know your options, seek God in prayer, and follow what the Holy Spirit leads you to do.

NORMAL FASTS

A normal fast is when only water is consumed. This would be the type practiced by Elijah (see 1 Kings 19:8) and Jesus (see Matthew 4). They abstained from food for 40 days. The length of time for any fast is a personal decision.

PARTIAL FASTS

A partial fast is when some foods are restricted. Two of the most common partial fasts are:

1. JUICE FAST

A juice fast is when vegetable and fruit juices are consumed instead of solid food. Some include protein powder in their liquid plan as well. Substituting liquids for one or two meals is an alternative.

2. DANIEL FAST

A Daniel Fast is based on the fasting principles of the prophet Daniel. Daniel 1 states that he consumed only vegetables and drank only water, and Daniel 10 states that he ate no rich (or choice) foods, as well as no meat or wine. Visit daniel-fast.com to learn more.

Remember, the power of fasting has less to do with food and more to do with setting yourself apart for a specific period of time to focus more on the Lord, prayer, and worship.

I Am Believing God For...

1. THE SALVATION OF MY FRIENDS & FAMILY

2. BIG NEEDS

3. MY FAMILY

4. MY SPIRITUAL GROWTH

Prayer Points

SALVATION / BAPTISM

“Go into all the world and preach the gospel to every creature.” - Mark 16:15

“Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit” - Matthew 28:19

“I am the gate; whoever enters through me will be saved. They will come in and go out, and find pasture.” - John 10:9

“For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life. For God did not send His Son into the world to condemn the world, but that the world through Him might be saved.” - John 3:16

If you declare with your mouth, “Jesus is Lord,” and believe in your heart that God raised him from the dead, you will be saved. For it is with your heart that you believe and are justified, and it is with your mouth that you profess your faith and are saved.
- **Romans 10:9-10**

For by grace you have been saved through faith, and that not of yourselves; it is the gift of God, not of works, lest anyone should boast. - Ephesians 2:8-9

The Lord is not slack concerning His promise, as some count slackness, but is longsuffering toward us, not willing that any should perish but that all should come to repentance. - 2 Peter 3:9

Nor is there salvation in any other, for there is no other name under heaven given among men by which we must be saved. - Acts 4:12

“So they said, “Believe on the Lord Jesus Christ, and you will be saved, you and your household.” - Acts 16:31

Then Peter said to them, “Repent, and let every one of you be baptized in the name of Jesus Christ for the remission of sins; and you shall receive the gift of the Holy Spirit.” - Acts 2:38

Prayer Points

Then Jesus came from Galilee to John at the Jordan to be baptized by him. And John tried to prevent Him, saying, "I need to be baptized by You, and are You coming to me?" But Jesus answered and said to him, "Permit it to be so now, for thus it is fitting for us to fulfill all righteousness." Then he allowed Him. When He had been baptized, Jesus came up immediately from the water; and behold, the heavens were opened to Him, and He saw the Spirit of God descending like a dove and alighting upon Him."

- **Matthew 3:13-16**

*So he commanded the chariot to stand still. And both Philip and the eunuch went down into the water, and he baptized him. - **Acts 8:38***

*Buried with Him in baptism, in which you also were raised with Him through faith in the working of God, who raised Him from the dead. - **Colossians 2:12***

We are asking God for:

- People to accept Jesus Christ as their Lord and Savior.
- People to go public with their faith through water baptism.
- Boldness and courage to invite people to church and share Christ in our community.

MARRIAGE & FAMILY

*For this reason I bow my knees before the Father from whom every family in heaven and on earth derives its name. - **Ephesians 3:14-15***

*Therefore a man shall leave his father and mother and be joined to his wife, and they shall become one flesh. - **Genesis 2:24***

*"Therefore what God has joined together, let not man separate." - **Mark 10:9***

*Marriage is honorable among all, and the bed undefiled; but fornicators and adulterers God will judge. - **Hebrews 13:4***

Prayer Points

Wives, submit to your own husbands, as to the Lord. For the husband is head of the wife, as also Christ is head of the church; and He is the Savior of the body. Therefore, just as the church is subject to Christ, so let the wives be to their own husbands in everything. Husbands, love your wives, just as Christ also loved the church and gave Himself for her, that He might sanctify and cleanse her with the washing of water by the word, that He might present her to Himself a glorious church, not having spot or wrinkle or any such thing, but that she should be holy and without blemish. So husbands ought to love their own wives as their own bodies; he who loves his wife loves himself. - Ephesians 5:22-28

Wives, submit to your own husbands, as is fitting in the Lord. Husbands, love your wives and do not be bitter toward them. - Colossians 3:18-19

Husbands, likewise, dwell with them with understanding, giving honor to the wife, as to the weaker vessel, and as being heirs together of the grace of life, that your prayers may not be hindered. - 1 Peter 3:7

We are asking God for:

- His peace, presence, and power in our homes.
- Him to be first in our families through healthy priorities and pace.
- Renewed marriages and love for one another.
- Unity between parents and their children.
- Healing within family spiritually, mentally, emotionally, relationally, and physically.

NEXT GENERATION

Train up a child in the way he should go, and even when they are old they will not turn from it.- Proverbs 22:6

*The counsel of the Lord stands forever, The plans of His heart to all generations.
- Psalm 33:11*

Prayer Points

Now also when I am old and grayheaded, O God, do not forsake me, Until I declare Your strength to this generation, Your power to everyone who is to come.

- **Psalm 71:18**

Oh, do not remember former iniquities against us! Let Your tender mercies come speedily to meet us, For we have been brought very low. So we, Your people and sheep of Your pasture, Will give You thanks forever; We will show forth Your praise to all generations. - **Psalm 79:8, 13**

For the Lord is good; His mercy is everlasting, And His truth endures to all generations.

- **Psalm 100:5**

His descendants will be mighty on earth; The generation of the upright will be blessed.

- **Psalm 112:2**

*“For David, after he had served his own generation by the will of God, fell asleep, was buried with his fathers, and saw corruption;” - **Acts 13:36***

*Then the Lord said to Noah, “Come into the ark, you and all your household, because I have seen that you are righteous before Me in this generation.” - **Genesis 7:1***

Moreover God said to Moses, “Thus you shall say to the children of Israel: ‘The Lord God of your fathers, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you. This is My name forever, and this is My memorial to all generations.’”

- **Exodus 3:15**

But showing mercy to thousands, to those who love Me and keep My commandments.

- **Exodus 20:6**

*“Therefore know that the Lord your God, He is God, the faithful God who keeps covenant and mercy for a thousand generations with those who love Him and keep His commandments;” - **Deuteronomy 7:9***

A posterity shall serve Him. It will be recounted of the Lord to the next generation,

- **Psalm 22:30**

Prayer Points

We are asking God for:

- Him to move in our children's ministry and help our children to grow in His Word.
- Students and parents to encounter Christ through our COTK Youth ministry during weekly services and special events.
- Our COTK College to grow and develop ministry leaders.
- Godly leaders and volunteers who serve as spiritual fathers and mothers to the next generation.

HEALING

Then Jesus went about all the cities and villages, teaching in their synagogues, preaching the gospel of the kingdom, and healing every sickness and every disease among the people. - Matthew 9:35

"They will take up serpents; and if they drink anything deadly, it will by no means hurt them; they will lay hands on the sick, and they will recover." - Mark 16:18

Is anyone among you suffering? Let him pray. Is anyone cheerful? Let him sing psalms. Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord. And the prayer of faith will save the sick, and the Lord will raise him up. And if he has committed sins, he will be forgiven. Confess your trespasses to one another, and pray for one another, that you may be healed. The effective, fervent prayer of a righteous man avails much. - James 5:13-16

And said, "If you diligently heed the voice of the Lord your God and do what is right in His sight, give ear to His commandments and keep all His statutes, I will put none of the diseases on you which I have brought on the Egyptians. For I am the Lord who heals you." - Exodus 15:26

"Who does great things, and unsearchable, Marvelous things without number." - Job 5:9

Prayer Points

We are asking God for:

- The physically sick to be made well.
- The brokenhearted to be made whole.
- Relationships to be restored.

FINANCIAL

And my God shall supply all your need according to His riches in glory by Christ Jesus.
- **Philippians 4:19**

*And Abraham called the name of the place, The-Lord-Will-Provide; as it is said to this day, "In the Mount of the Lord it shall be provided." - **Genesis 22:14***

Nevertheless He did not leave Himself without witness, in that He did good, gave us rain from heaven and fruitful seasons, filling our hearts with food and gladness."
- **Acts 14:17**

*Let us then approach God's throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need. - **Hebrews 4:16***

We are asking God for:

- Financial provision to meet our practical needs.
- A reminder that He is our source.
- His blessing on our finances to be a blessing to those in need.

REVIVAL

Lord, You have been favorable to Your land; You have brought back the captivity of Jacob. You have forgiven the iniquity of Your people; You have covered all their sin. Selah You have taken away all Your wrath; You have turned from the fierceness of Your anger. Restore us, O God of our salvation, And cause Your anger toward us to cease. Will You be angry with us forever? Will You prolong Your anger to all generations? Will You not revive us again, That Your people may rejoice in You?
- **Psalms 85:1-6**

Prayer Points

So all who dwelt at Lydda and Sharon saw him and turned to the Lord.

- **Acts 9:25**

And the hand of the Lord was with them, and a great number believed and turned to the Lord. - Acts 11:21

We are asking God for:

- An outpouring of His Spirit in the church.
- A spiritual awakening in the culture.
- The truth of God's Word to be communicated with grace and firmness.
- The people of God to be refreshed, renewed, and revived.

SMALL GROUPS & EQUIPPING

Every day they continued to meet together in the temple courts. They broke bread in their homes and ate together with glad and sincere hearts, - Acts 2:46

Day after day, in the temple courts and from house to house, they never stopped teaching and proclaiming the good news that Jesus is the Messiah.

- **Acts 5:42**

We are asking God for:

- The lost to encounter Christ and volunteers to step up and lead during our Spiritual Growth Campaign (January – February).
- God to transform hearts, minds, and relationships through our small group core curriculum – Freedom, FPU, Foundations, Formation.
- People to encounter Him and connect in Next Steps.
- People to experience spiritual family through small groups.
- New leaders to step out and lead small groups throughout the year.

EXTENDING OUR REACH

The word of the Lord spread through the whole region. - Acts 13:49

Prayer Points

He said to them, "Go into all the world and preach the gospel to all creation. Whoever believes and is baptized will be saved, but whoever does not believe will be condemned. And these signs will accompany those who believe: In my name they will drive out demons; they will speak in new tongues; they will pick up snakes with their hands; and when they drink deadly poison, it will not hurt them at all; they will place their hands on sick people, and they will get well." - **Mark 16:15-18**

And this gospel of the kingdom will be preached in the whole world as a testimony to all nations, and then the end will come. - **Matthew 24:14**

We are asking God for:

- Unity in purpose and vision to **Reach People** and **Build Lives**.
- Our reach to be extended within our community and beyond.
- Relationships and connections to be deepened.
- His Spirit to dwell in each location and region.
- Our congregation and Dream Team to have a deeper passion for God and a stirring compassion for reaching others.
- Wisdom and guidance from Him regarding future locations.

GLOBAL IMPACT

"Ask the Lord of the harvest, therefore, to send out workers into his harvest field."
- **Matthew 9:38**

So the word of God spread. The number of disciples in Jerusalem increased rapidly, and a large number of priests became obedient to the faith. - **Acts 6:7**

But the word of God continued to spread and flourish. - **Acts 12:24**

But thanks be to God, who always leads us as captives in Christ's triumphal procession and uses us to spread the aroma of the knowledge of him everywhere.
- **2 Corinthians 2:14**

Prayer Points

We are asking God for:

- Our hearts to be moved with compassion to reach people.
- Supernatural impact in our local missions activities throughout the year.
- His blessing and protection over our scheduled global mission trips.
- Volunteers and resources to help the hurting and reach people for Christ at our Serve Day.

OUR NATION

And if that nation I warned repents of its evil, then I will relent and not inflict on it the disaster I had planned. - Jeremiah 18:8

Blessed is the nation whose God is the Lord, the people he chose for his inheritance. - Psalm 33:12

Therefore tell the people: This is what the Lord Almighty says: 'Return to me,' declares the Lord Almighty, 'and I will return to you,' says the Lord Almighty. - Zechariah 1:3

"Even now," declares the Lord, "return to me with all your heart, with fasting and weeping and mourning." - Joel 2:12

We are asking God for:

- An awakening in leadership, influence, and growth in America.
- Protection of our president, governor, and elections.
- His kingdom come, His will be done.
- Racial reconciliation and unity across the nation.
- Him to move in the hearts of the authorities, policy makers, and government officials.

Prayer Points

OUR WORLD

How, then, can they call on the one they have not believed in? And how can they believe in the one of whom they have not heard? And how can they hear without someone preaching to them? - Romans 10:14

For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. - John 3:16

And this gospel of the kingdom will be preached in the whole world as a testimony to all nations, and then the end will come. - Matthew 24:14

We are asking God for:

- Churches to be unified, strong, and filled with hope.
- Freedom from fear, anxiety, depression, starvation, famine, poverty, homelessness, national disasters, and war.
- The Gospel to be preached
- Good health, education, and clean water.

Biblical Declarations

Note: All declarations below the Scriptures are paraphrased, amplified, and/or worded from various versions of the Bible.

FAITH

Matthew 19:26 — *But Jesus looked at them and said, “With man this is impossible, but with God all things are possible.”*

With God, all things are possible.

2 Corinthians 5:7 — *For we walk by faith, not by sight.*

I walk by faith, not by sight.

Romans 10:17 — *So faith comes from hearing, and hearing through the Word of Christ.*

Faith comes from hearing the Word.

Hebrews 11:1 — *Now faith is the assurance of things hoped for, the conviction of things not seen.*

Faith is the substance of hope, the evidence of things unseen.

Mark 9:23 — *And Jesus said to him, “All things are possible for one who believes.”*

All things are possible for those who believe.

2 Timothy 1:12 — *Which is why I suffer as I do. But I am not ashamed, for I know whom I have believed, and I am convinced that He is able to guard until the day what has been entrusted to me.*

I am confident God will perform what He has promised.

Hebrews 10:23 — *Let us hold fast the confession of our hope without wavering, for He who promised is faithful.*

I will hold tightly to the confession of my faith.

Ephesians 6:16 — *In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one.*

In all circumstances, I will take up the shield of faith.

Biblical Declarations

Romans 4:19 — *He did not weaken in faith when he considered his own body, which was as good as dead (since he was about a hundred years old), or when he considered the barrenness of Sarah's womb.*

I will not weaken in faith despite my present circumstance.

1 John 5:4 — *For everyone who has been born of God overcomes the world. And this is the victory that has overcome the world - our faith.*

My faith is the victory that overcomes the world.

FEAR

Isaiah 41:10 — *"Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand."*

I am not afraid because You are with me, and You strengthen me.

Philippians 4:6-7 — *Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your request be known to God. And the peace of God, which surpasses all understanding, will guard your heart and your minds in Christ Jesus.*

Your peace guards my heart and mind when I pray and give thanks. I am not anxious.

Proverbs 3:5-6 — *Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.*

I trust in the Lord with all my heart and my ways are submitted to Him.

Psalms 23:4 — *Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.*

Even though I walk through the valley of the shadow of death, I will fear no evil, for You are with me; Your rod and Your staff, they comfort me.

Psalms 27:1 — *The Lord is my light and my salvation — whom shall I fear? The Lord is the stronghold of my life — of whom shall I be afraid?*

The Lord is my light and my salvation, I will fear no one.

Biblical Declarations

2 Timothy 1:7 — *For God has not given us a spirit of fear, but of power and of love and of a sound mind.*

I do not have a spirit of fear, but of power, love, and a sound mind.

Deuteronomy 31:8 — *“The Lord himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged.”*

You are always with me and therefore, I am not afraid.

Romans 8:28 — *And know that in all things God works for the good of those who love him, who have been called according to his purpose.*

I know that in all things, God is working for my good.

John 14:27 — *“Peace I leave with you; it is my own peace that I gave you. I do not give it as the world does. Do not be worried and upset; do not be afraid.”*

I am not worried, because You gave me Your peace.

1 John 4:18 — *There is no fear in love, the perfect love casts out fear.*

Your perfect love removes all fear.

1 Peter 5:7 — *Cast all your anxiety on him because he cares for you.*

I give You all my anxiety because You care for me.

Biblical Declarations

FREEDOM

John 8:36 — *“Therefore if the Son makes you free, you shall be free indeed.*
I have been set free by the Son, so I am truly free.

Romans 6:18-22 — *And having been set free from sin, you became slaves of righteousness. I speak in human terms because of the weakness of your flesh. For just as you presented your members as slaves of uncleanness, and of lawlessness leading to more lawlessness, so now present your members as slaves of righteousness for holiness. For when you were slaves of sin, you were free in regard to righteousness. What fruit did you have then in the things of which you are now ashamed? For the end of those things is death. But now having been set free from sin, and having become slaves of God, you have your fruit to holiness, and the end, everlasting life.*

I am a slave to righteousness, resulting in eternal life.

Romans 8:1 — *There is therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit.*

I am no longer condemned because Christ lives in me.

Galatians 5:1 — *Stand fast therefore in the liberty by which Christ has made us free, and do not be entangled again with a yoke of bondage.*

I will stand firm because I am set free from the yoke of slavery.

Psalms 146:7 — *Who executes justice for the oppressed, Who gives food to the hungry. The Lord gives freedom to the prisoners.*

I am no longer a prisoner to sin because Christ has liberated me from the power of sin.

Isaiah 58:6 — *“Is this not the fast that I have chosen: To loose the bonds of wickedness, To undo the heavy burdens, To let the oppressed go free, And that you break every yoke?”*

My chains are gone. I’ve been set free.

Biblical Declarations

HEALING

Matthew 9:35 — *And Jesus went throughout all the cities and villages, teaching in their synagogues and proclaiming the gospel of the kingdom and healing every disease and every affliction.*

Jesus can heal every sickness and disease among us.

Psalm 103:3 — *“Who forgives all your iniquity, who heals all your diseases.”*

God forgives all my iniquities and heals all my diseases.

Psalm 107:20— *He sent out His Word and healed them, and delivered them from their destruction.*

God sends His Word to heal me.

James 5:15 — *And the prayer of faith will save the one who is sick, and the Lord will raise him up. And if he has committed sins, he will be forgiven.*

The prayer of faith will save the sick and the Lord will raise them up.

Isaiah 53:5 — *But He was pierced for our transgressions; He was crushed for our iniquities; upon Him was the chastisement that brought us peace, and with His wounds we are healed.*

By His stripes, we are healed.

Matthew 8:16-17 — *That evening they brought to Him many who were oppressed by demons, and He cast out the spirits with a word and healed all who were sick. This was to fulfill what was spoken by the prophets Isaiah: “He took our illness and bore our diseases.”*

Jesus took our infirmities and bore our sickness.

Proverbs 17:22 — *A joyful heart is good medicine, but a crushed spirit dries up the bones.*

My joyful heart will help like good medicine.

Biblical Declarations

Matthew 12:15 — *Jesus, aware of this, withdrew from there. And many followed Him, and He healed them all.*

Great multitudes followed Jesus and He healed them all.

Mark 9:23 — *And Jesus said to him, "If you can! All things are possible for one who believes."*

I know that all things are possible to those who believe.

IDENTITY

John 1:12 — *But to all who did receive Him, who believed in His name, He gave the right to become children of God.*

I am a child of God.

John 15:16 — *"You did not choose me, but I chose you and appointed you that you should go and bear fruit and that your fruit should abide, so that whatever you ask the Father in my name, He may give it to you."*

I am called and chosen by God.

Romans 5:1 — *Therefore, since we have been justified by faith, we have peace with God through our Lord Jesus Christ.*

I have been justified.

1 Corinthians 6:17 — *But he who is joined to the Lord becomes one spirit with Him.*

I am one spirit with God.

1 Corinthians 6:20 — *You are not your own, for you were bought with a price. So glorify God in your body.*

I have been bought with a price. I belong to God.

Ephesians 1:5 — *He predestined us for adoption to Himself as sons through Jesus Christ, according to the purpose of His will.*

I have been adopted by God.

Biblical Declarations

Colossians 3:3 — *For you have died, and your life is hidden with Christ in God.*

I am hidden in Christ.

1 John 5:18 — *We know that everyone who has been born of God does not keep on sinning, but he who was born of God protects him, and the evil one does not touch him.*

I am born of God and the evil one cannot touch me.

2 Timothy 1:7 — *For God gave us a spirit not of fear but of power and love and self-control.*

I do not have a spirit of fear, but of power, love, and a sound mind.

1 Corinthians 3:16 — *Do you not know that you are God's temple and that God's Spirit dwells in you?*

I am God's temple and His Spirit dwells in me.

MARRIAGE & FAMILY

Ephesians 5:31 — *Therefore a man shall leave his father and mother and hold fast to his wife, and the two shall become one flesh.*

I am united with my spouse and we are one.

Hebrews 13:4 — *Let marriage be held in honor among all, and let the marriage bed be undefiled, for God will judge the sexually immoral and adulterous.*

Our marriage will be honorable and pure before God.

Ephesians 5:25 — *Husbands, love your wives, just as Christ loved the church and gave Himself up for her.*

As a husband, I will love my wife as Christ loved the church and gave Himself up for her.

Proverbs 31:28 — *Her children rise up and bless her; her husband also, and he praises her.*

As a husband, I will praise my wife.

Biblical Declarations

1 Peter 3:7 — *Likewise, husbands, live with your wives in an understanding way, showing honor to the woman as the weaker vessel, since they are heirs with you of the grace of life, so that your prayers may not be hindered.*

As a husband, I will give my wife honor and live with her in an understanding way.

Proverbs 31:12 — *She does him good, and not harm, all the days of her life.*

As a wife, I will do my husband only good, never evil.

1 Peter 3:1 — *Likewise, wives be subject to your own husbands, so that even if some do not obey the word, they may be won without a word by the conduct of their wives.*

As a wife, I will influence my husband by obeying God.

Exodus 20:12 — *Honor your father and your mother, that your days may be long in the land that the LORD your God is giving you.*

I will honor my father and mother.

Deuteronomy 6:7 — *You shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise.*

Our family will learn the Word of God together.

Ephesians 6:4 — *Fathers, do not provoke your children to anger, but bring them up in the discipline and instruction of the Lord.*

I will not provoke my children.

OVERCOMING

Romans 8:31 — *What, then, shall we say in response to these things? If God is for us, who can be against us?*

God loves me and is for me.

Matthew 19:26 — *But Jesus looked at them and said, "With man this is impossible, but with God all things are possible."*

With God, all things are possible.

Biblical Declarations

Philippians 4:13 — *I can do all things through Him who strengthens me.*

I can do all things through Christ who strengthens me.

Psalm 27:1 — *The LORD is my light and my salvation; whom shall I fear? The LORD is the stronghold of my life; of whom shall I be afraid?*

The Lord is my light and my salvation, I will fear no one.

Luke 10:19 — *“Behold, I have given you authority to tread on serpents and scorpions, and over all the power of the enemy, and nothing shall hurt you.”*

I have authority to defeat the enemy and nothing will hurt me.

Romans 8:37 — *No, in all these things we are more than conquerors through Him who loved us.*

I am more than a conqueror through Jesus Christ.

1 John 4:4 — *Little children, you are from God and have overcome them, for He who is in you is greater than he who is in the world.*

He who is in me is greater than he who is in the world.

Isaiah 54:17 — *No weapon that is fashioned against you shall succeed, and you shall refute every tongue that rises against you in judgment. This is the heritage of the servants of the LORD and their vindication from Me, declares the LORD.*

No weapon formed against me shall prosper.

Psalm 46:1-3 — *God is our refuge and strength, a very present help in trouble. Therefore we will not fear though the earth gives way, though the mountains be moved into the heart of the sea, though its waters roar and foam, though the mountains tremble at its swelling.*

The Lord is my refuge and strength, a very present help in trouble.

Psalm 118:6-7 — *The LORD is on my side; I will not fear. What can man do to me? The LORD is on my side as my helper; I shall look in triumph on those who hate me.*

The Lord is on my side; I will not fear.

Biblical Declarations

PRAYER

Luke 11:1 — *Now Jesus was praying in a certain place, and when He finished, one of His disciples said to Him, “Lord, teach us to pray, as John taught his disciples.”*

Lord, teach me to pray.

Philippians 4:6 — *Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.*

I will be anxious for nothing.

Psalms 122:6 — *Pray for the peace of Jerusalem: “May those who love you be secure.”*

I will pray for the protection of Israel and the city of Jerusalem.

Matthew 21:22 — *“And whatever you ask in prayer, you will receive, if you have faith.”*

I am believing that I will receive whatever I ask for in prayer.

John 16:24 — *“Until now you have asked nothing in My name. Ask, and you will receive, that your joy may be full.”*

I will ask in Jesus’ name, and in receiving, my joy will be made full.

Mark 11:24 — *“Therefore I tell you, whatever you ask in prayer, believe that you have received it, and it will be yours.”*

I will believe that God will provide all my needs.

Romans 4:21 — *Fully convinced that God was able to do what He had promised.*

I am fully convinced that You are able to fulfill Your promises.

James 1:6 — *But let him ask in faith, with no doubting, for the one who doubts is like a wave of the sea that is driven and tossed by the wind.*

I will ask in faith, without doubting.

Biblical Declarations

Psalm 37:4 — *Delight yourself in the LORD, and He will give you the desires of your heart.*

I will delight myself in the Lord, and He will give me the desires of my heart.

Matthew 26:41 — *“Watch and pray, that you do not enter into temptation. For the spirit is willing, but the flesh weak.”*

I will watch and pray so that I do not enter into temptation.

Jeremiah 29:13 — *“You will seek Me and find Me when you seek Me with all your heart.”*

When I search for You with all my heart, I will find you.

SPEECH

1 Thessalonians 5:11 — *Therefore encourage one another and build each other up, just as in fact you are doing.*

I will encourage others with my words.

Proverbs 18:21 — *Death and life are in the power of the tongue, and those who love it will eat its fruits.*

Life and death are in the power of my tongue.

Proverbs 15:1 — *A soft answer turns away wrath, but a harsh word stirs up anger.*

A soft answer turns away wrath.

James 1:19 — *Know this, my beloved brothers: let every person be quick to hear, slow to speak, slow to anger.*

I will be quick to hear, slow to speak, and slow to anger.

Colossians 4:6 — *Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer each person.*

I will always let my speech be filled with grace.

Biblical Declarations

1 Peter 3:10 — *For whoever desires to love life and see good days, let him keep his tongue from evil and his lips from speaking deceit.*

My words influence my quality of life.

Titus 3:2 — *To speak evil of no one, to avoid quarreling, to be gentle, and to show perfect courtesy toward all people.*

I will speak evil of no one.

Psalms 19:14 — *Let the words of my mouth and the meditation of my heart be acceptable in Your sight, O LORD, my rock and my redeemer.*

My words and my thoughts will be pleasing to the Lord.

1 Peter 3:9 — *Do not repay evil for evil or reviling for reviling, but on the contrary, bless, for to this you were called, that you may obtain a blessing.*

I will bless rather than return an insult.

Ephesians 4:31 — *Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice.*

I will put away all evil speech.

STEWARDSHIP

Proverbs 3:9-10 — *Honor the LORD with your possessions, and with the first fruits of all your increase; so your barns will be filled with plenty, and your vats will overflow with new wine.*

My first financial priority is to honor the Lord.

1 Chronicles 29:16 — *“O Lord our God, as for all this abundance...it comes from Your hand, and all of it belongs to You.”*

All money comes from God, so all I have belongs to God.

Deuteronomy 8:18a — *“But remember the Lord your God, for it is He who gives you the ability to produce wealth...”*

The Lord gives me the ability to earn income.

Biblical Declarations

Luke 16:10-11 — *“Whoever can be trusted with very little can also be trusted with much, and whoever is dishonest with very little will also be dishonest with much. So if you have not been trustworthy in handling worldly wealth, who will trust you with true riches?”*

I will be a trustworthy and honest steward of finances.

Luke 6:38 — *“Give, and it will be given to you. A good measure, pressed down, shaken together and running over, will be poured into your lap. For with the measure you use, it will be measured to you.”*

I will give money as an act of worship.

Malachi 3:10 — *“Bring the whole tithe into the storehouse, that there may be food in my house. Test me in this,” says the LORD Almighty, “and see if I will not throw open the floodgate of heaven and pour out so much blessing that you will not have room enough for it.”*

I will put God first in my finances.

1 Peter 4:10 — *God has given gifts to each of you from His great variety of spiritual gifts. Manage them well so that God’s generosity can flow through you.*

God’s generosity will flow through me.

Matthew 6:20-21 — *“But store up for yourselves treasures in heaven, where moth and rust do not destroy, and where thieves do not break in and steal. For where your treasure is, there your heart will be also.”*

I will invest in the Kingdom of God.

Romans 13:8 — *Let no debt remain outstanding, except the continuing debt to love one another, for he who loves his fellow man has fulfilled the law.*

I will pay all my debts.

Proverbs 21:5 — *Good planning and hard work lead to prosperity, but hasty shortcuts lead to poverty.*

I will live by a biblical budget and prosper.

Biblical Declarations

THE HOLY SPIRIT

John 4:24 — *“God is Spirit, and his worshipers must worship in the spirit and in truth.”*

God wants me to worship in the spirit and in truth.

John 16:13 — *“When the Spirit of truth comes, He will guide you into all the truth, for He will not speak on His own authority, but whatever He hears He will speak, and He will declare to you the things that are to come.”*

The Holy Spirit leads me into all truth.

Galatians 5:18 — *But if you are led by the Spirit, you are not under the law.*

I am led by the Spirit and am no longer under the law.

Luke 24:49 — *“And behold, I am sending the promise of My Father upon you. But stay in the city until you are clothed with power from on high.”*

I am clothed with power from the Holy Spirit.

John 16:7 — *“Nevertheless, I tell you the truth: it is to your advantage that I go away, for if I do not go away, the Helper will not come to you. But if I go, I will send Him to you.”*

The Holy Spirit is my Comforter and Helper.

Acts 1:8 — *“But you will receive power when the Holy Spirit has come upon you, and you will be my witnesses in Jerusalem and in all Judea and Samaria, and to the end of the earth.”*

The Holy Spirit gives me power to witness.

Acts 4:29, 31 — *“And now, Lord, look upon their threats and grant to your servants to continue to speak Your Word with all boldness.” ...And when they had prayed, the place in which they were gathered together was shaken, and they were all filled with the Holy Spirit and continued to speak the Word of God with boldness.*

Being filled with the Holy Spirit gives me boldness.

Biblical Declarations

Galatians 5:16-17 — *But I say, walk by the Spirit, and you will not gratify the desires of the flesh. For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh, for these are opposed to each other, to keep you from doing the things you want to do.*

I will walk in the Spirit and not fulfill the lust of the flesh.

Romans 8:26-27 — *Likewise the Spirit helps us in our weakness. For we do not know what to pray for as we ought, but the Spirit himself intercedes for us with groanings too deep for words. And He who searches hearts knows what is the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God.*

The Holy Spirit intercedes for me according to God's will.

John 14:26 — *“But the Helper, the Holy Spirit, whom the Father will send in my name, He will teach you all things and bring to your remembrance all that I have said to you.”*

The Holy Spirit teaches and reminds me of all things.

THE WORD

John 1:1 — *In the beginning was the Word, and the Word was with God, and the Word was God.*

God has revealed Himself through His Word from the very beginning.

Hebrews 4:12 — *For the word of God is living and active, sharper than any two-edged sword, piercing to the division of souls and of spirit, of joints and marrow, and discerning the thoughts and intentions of the heart.*

The Word is living and active.

Hebrews 11:3 — *By faith we understand that the universe was created by the Word of God so that what is seen was not made out of things that are visible.*

All of creation was formed by the Word of God.

Psalms 119:11 — *I have stored up your Word in my heart, that I might not sin against You.*

I have hidden Your Word in my heart so that I might not sin against you.

Biblical Declarations

Matthew 24:35 — *“Heaven and earth will pass away, but My words will not pass away.”*

Heaven and earth will pass away, but Your Word stands forever.

John 6:63 — *“It is the Spirit who gives life; the flesh is no help at all. The words that I have spoken to you are spirit and life.”*

Your words are spirit and life.

Psalm 119:105 — *Your Word is a lamp to my feet and a light to my path.*

By Your words, I can see where I am going.

John 20:31 — *But these are written so that you may believe that Jesus is the Christ, the Son of God, and that by believing you may have life in His name.*

Through the Scriptures, I believe that Jesus is the Christ.

1 Peter 1:25 — *But the Word of the Lord remains forever. And this Word is the good news that was preached to you.*

The Word of the Lord endures forever.

John 14:15 — *“If you love Me, keep My commandments.”*

I love Jesus, therefore I keep His commandments.

WORSHIP

Deuteronomy 6:5 — *“Love the LORD your God with all your heart and with all your soul and with all your strength.”*

I will love the Lord my God with all my heart, soul, and strength.

Matthew 4:10 — *“...You shall worship the Lord your God and Him only shall you serve.”*

I will worship the Lord my God and serve Him only.

Psalm 95:6 — *Oh come, let us worship and bow down; let us kneel before the LORD, our Maker!*

I will worship and bow down before the Lord, my Maker.

Biblical Declarations

Revelation 15:4 — *Who will not fear, O Lord, and glorify Your name? For You alone are holy. All nations will come and worship You, for Your righteous acts have been revealed.*

I will fear You and glorify Your name — for You alone are holy.

John 4:24 — *“God is spirit, and those who worship Him must worship in the Spirit and in truth.”*

I will worship You in the Spirit and in truth.

2 Chronicles 20:19 — *And the Levites, of the Kohathites and the Korahites, stood up to praise the LORD, the God of Israel, with a very loud voice.*

I will stand up and praise the Lord God with a strong voice.

Psalm 103:1 — *Bless the LORD, O my soul, and all that is within me, bless His holy name!*

I will bless the Lord.

Psalm 47:1-2 — *Clap your hands, all peoples! Shout to God with loud songs of joy! For the LORD, the Most High, is to be feared, a great king over all the earth.*

I will clap my hands and shout a song of joy.

Psalm 134:2 — *Lift up your hands to the holy place and bless the LORD!*

I will lift up my hands and bless the Lord.

Acts 4:24 — *And when they heard it, they lifted their voices together to God and said, “Sovereign Lord, who made the heaven and the earth and the sea and everything in them...”*

I will lift my voice to the Sovereign Lord.

Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective.

James 5:16



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