

NOTES

Decide To Thrive

Message 4 | The Growth Decision

2 Peter 3:18 _____

God's design for your life isn't stagnation—it's transformation.

1 Thessalonians 5:23, 1 Peter 2:2 (NIV) _____

How Do You Change?

Romans 12:2 _____

Thoughts create → feelings that drive → decisions → which lead to actions → which determine your outcomes.

Ephesians 4:22–24 _____

How do we practically grow in discipleship and renew our minds?

1. Decide to saturate your mind with God's Word.
2. Decide to declare and speak God's truth over your life.
3. Decide to be aware of your thoughts and notice what's going on in your mind.

4. Decide to challenge thoughts that don't align with God's truth.

5. Decide to replace negative thoughts with positive, biblical ones.

6. Decide to surround yourself with people who encourage your growth.

Common Obstacles To Growth:

- Trying to grow alone
- Complacency
- Fear
- Past hurts
- Lies we believe

Making Disciples

Matthew 28:19-20, 1 Corinthians 11:1

You just need to be one step ahead on the journey.

I choose to grow in my relationship with Christ and to help others do the same.
