

LCC COUNSELOR REFERRAL LIST

<p>Ilsa Araki, M.A., LPC-S, NCC</p>	<p>Northshore Family Counseling, LLC 1258 Brownswitch Rd Suites C - D Slidell, LA 70461</p>	<p>985-661-0560</p>	<p>Ilsa has years of experience working with individuals, couples, and families presenting with anxiety, depression, physical/sexual abuse, trauma, PTSD, relationship issues, and difficult life transitions.</p>	<p>\$45 to \$95. Insurance accepted Aetna, Beacon Health (Value Options), Blue Cross Blue Shield, Cigna, Gilsbar, Inc, GEHA, Humana/LifeSynch, Magellan, Medicaid (Contact our office to see which plans are currently accepted), Optum, Tricare, UMR, United Healthcare</p>
<p>Dr. Cathy Austin, LPC, LMFT, PhD</p>	<p>600 North Hwy 190 Suite 207 Covington, LA 70433</p>	<p>985-259-8230</p>	<p>It is my goal to provide clients with tools to improve their lives and to effectively deal with the transitions and stresses of life. I assist individuals, couples, and families in resolving issues which are personal or are causing tension in their relationships, while developing skills for successful, more positive interactions with others. I also help with parenting/coparenting issues. If you are ready for a change, it would be my pleasure to work with you to accomplish such goals.</p> <p>My work with children is also very helpful for them and their parents. Play therapy has been shown to be one of the more effective methods for counseling children. Young people are often unable to identify, or they are hesitant to talk about, the issues causing them distress. As a highly trained and experienced Registered Play Therapist, I can help.</p> <p>As a mediator, parenting coordinator, and coparenting coach I am uniquely trained, qualified, and skilled to effectively assist adults who are having difficulty agreeing on how to proceed in divorce, child custody and visitation, coparenting, or eldercare issues (e.g., long-term care for a loved one). I invite you to contact me for additional information.</p>	<p>● Sliding Scale: Yes</p> <p>Pay By: Cash, Check</p> <p>Accepted Insurance Plans</p> <p>● Aetna ● Beacon ● Blue Cross ● Blue Shield ● BlueCross and BlueShield</p> <p>● LSU First ● MHNet Behavioral Health</p>

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Nicole Chapel, LPC	5001 Highway 190 East Service Rd Ste C-6 Covington, Louisiana 70433	985-303-2305	I became a therapist because I believe there is inherent strength and resiliency in every human being. We all encounter obstacles to overcome. Stress, anxiety, depression, & grief can leave us feeling drained. Through trust, understanding, and our therapeutic alliance we can work through problems together. I can help you to break free from unhealthy thought and behavioral patterns to live your best, most fulfilling life. Together we can clarify your purpose, enhance your coping skills and achieve your goals.	\$90 - \$140 based on income. Insurances include BlueCross and BlueShield, and UnitedHealthcare
Denyse Fegan, LPC-S	321 N Vermont St Covington, Louisiana 70433	985-200-2340	I have worked in various clinical settings with adolescents and adults, helping people heal brokenness in their lives, make lasting changes, and live freely. My approach to counseling recognizes a person's spirituality as the central organizing principal around which lasting mental health and strong relationships may be achieved. Please don't hesitate to call today to make an appointment.	\$100 - \$130 All insurances
Kirk Henderson, MSCE, LPC Milestone Family Resources	400 Mariners Plaza Drive #40-D Mandeville, LA 70448	985-237-1748 985-951-2052	I am a faith-based counselor, and work with couples who are in struggling with conflict, relationship challenges, finding intimacy, difficulties with communication, and help them find a renewed sense of hope and lasting commitment. I also work with adults who are going through difficult life transitions, and facing such issues as anxiety, depression, divorce, grief, loss, and trauma. We provide low-cost counseling services to children, adolescents, and adults based upon income. We also serve Medicaid recipients of all ages, children through adults. We provide counseling services both in our office, as well as in the home.	Louisiana Healthcare Connections, Blue Cross, Humana, Aetna, Beacon Health, United Medicaid, Aetna Medicaid
Donald Henry, LCSW	244 Emerald Crk W Abita Springs LA 70420	504-919-1038	Marriage and Family therapy, Individual, and Adolescent therapy. I treat the following mental health challenges: depression, anxiety, bipolar disorder, grief, and loss. Home based services are provided as needed.	Call for fees
Crystal Hooper, LPC	Crystal Clear Counseling and	985-318-0925	There are many methods in which people learn to cope and I am willing to assist you with finding healthy ways or	\$90 - \$140. Insurance includes Amerigroup,

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	<p>Consulting 620 N Morrison Blvd Suite J</p> <p>Hammond, Louisiana 70401</p>		<p>exploring different ways that will aide you or your family in reaching your goals. I am a trained Christian Counselor; and if you choose to receive Christian Counseling than I will assist you in leading a healthy spirit filled life. If you chose regular counseling; I am also more than happy to assist you with leading a positive productive life.</p>	<p>Aetna, BlueCross/BlueShield, Humana, Medicaid Military OneSource, Tricare</p>
<p>Angie King, LCSW</p>	<p>Greenbrier Behavioral Health Hospital 201 Greenbrier Blvd. Covington, LA 70433</p>	<p>985-789-8215</p>	<p>Angie is the community liaison for Greenbrier. Greenbrier is an in-patient facility that serves adult clients with serious mental health diagnoses. Greenbrier has on-site psychiatrists, nurses, and therapists.</p>	<p>All insurances</p>
<p>Bill Ollendike, M.Ed, NCC, LPC-S</p> <p>www.redmillcounseling.com</p>	<p>Red Mill Counseling</p> <p>Located next to the Abita Roasting House in Madisonville, LA</p> <p>506 Water Street Suite G, Madisonville, LA 70447</p>	<p>985-778-6433</p>	<p>Bill is a nationally certified and licensed professional counselor.</p> <p>Bill earned a B.A. degree from Louisiana State University and a M. Ed from the University of New Orleans.</p> <p>Bill has been involved in pastoral and professional counseling for over 30 years. His experience includes a broad spectrum of clients: teenagers, singles, couples, families, and the elderly. Bill has been able to especially help those suffering from depression, grief, interpersonal issues, and addictive disorders.</p>	