

CHURCH OF THE KING

Touching Heaven

ChurchoftheKing.com/21days

Exodus 33:18, Matthew 6:16-18

Fasting: to voluntarily reduce or eliminate your intake of something for spiritual purposes.

Why Fast?

1. Fasting gives you more time for

Acts 13:2-3

2. Fasting expresses our hunger for

1 Timothy 4:4

3. Fasting releases God's

Isaiah 58:6, Daniel 9:3, Luke 4:1 2

What Can I Expect When I Fast?

Isaiah 58:8-9,11

1.

Isaiah 58:8a

2.

Isaiah 58:8b

3.

Isaiah 58:9a, 11

What is God speaking to me through this message? Who can I invite to church next weekend?