





# CHAPTER ONE

## Your New Life

When Jesus comes into your heart, you enter an exciting new relationship. You become part of God’s family! God is your Father, Jesus is your Savior, and the Holy Spirit empowers you to live in freedom and truth. Old ways are replaced with new ways. Old thinking is replaced with new thinking. New meaning and purpose well up from within, and your new life in Christ is fresh and alive. You feel like a new person...a new creation! Let’s look at your new life in Christ from the beginning—creation.

*Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new.*

**2 Corinthians 5:17 (NKJV)**

# Section One

## God's Creation

The first book of the Bible is Genesis. The word *Genesis* means “beginning.” Genesis is “the book of the beginning.” In this book, we learn God created time, space, and matter. **Genesis 1:1** says, *In the beginning (time), God created the heavens (space) and the earth (matter)...*

1. How did the earth look? (**Genesis 1:2**)

\_\_\_\_\_

2. ... *the \_\_\_\_\_ was hovering over the face of the waters.* **Genesis 1:2 (NKJV)**

3. What did God do to create light? (**Genesis 1:3**)

\_\_\_\_\_

4. Read **Genesis 1:5-27**.

a. Day 1 God created \_\_\_\_\_ and \_\_\_\_\_.

b. Day 2 God created the \_\_\_\_\_.

c. Day 3 God created the \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_.

d. Day 4 God created the \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_.

e. Day 5 God created the \_\_\_\_\_ and \_\_\_\_\_.

f. Day 6 God created the \_\_\_\_\_ and \_\_\_\_\_.

5. What did God do on the seventh day? (**Genesis 2:2**)

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6. God created humans in which two genders?  
(**Genesis 1:27**)

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7. God created man in His \_\_\_\_\_.  
(**Genesis 1:26-27**)

## Section Two

### The Creation of Man and Woman

In **Genesis 2**, we learn how God gave life to man and woman. We also learn of the two special trees in the garden—one represented life and one represented death. God gave man a choice between the two trees.

1. How did man become a living being? (**Genesis 2:7**)

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2. Where did God plant a garden? (**Genesis 2:8**)

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3. What were the names of the trees God placed in the garden? (**Genesis 2:9**)

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4. The Tree of Life represents God's presence in our lives. The Tree of the \_\_\_\_\_ represents death.

(Genesis 2:17)

5. What did God use from man to create woman?

(Genesis 2:21-23)

\_\_\_\_\_

6. God's design for marriage is for one man and one woman to share a lifelong covenant with one another.

Write **Genesis 2:24**:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Section Three

### The Fall of Man

When the serpent deceived Eve in the garden, she believed the lies of the enemy and chose to disobey God. Adam also chose to rebel against God and partook of the forbidden fruit, which resulted in spiritual death.

1. Read **Genesis 2:16-17** and **Genesis 3:1-7** to learn how the serpent deceived Adam and Eve.

2. Read **1 John 2:16**. Where does the lust of the flesh, lust of the eyes, and pride of life come from?

\_\_\_\_\_

3. Draw a line to match the ungodly, deceptive beliefs Eve believed to the correlating verses.

**Pride of Life**

"Good for food..." (Genesis 3:6a)

**Lust of the Flesh**

"Pleasant to the eyes..." (Genesis 3:6b)

**Lust of the Eyes**

"Desirable to make one wise..." (Genesis 3:6c)

4. What happened when Adam and Eve ate from the Tree of the Knowledge of Good and Evil? (**Genesis 3:7**)

\_\_\_\_\_  
\_\_\_\_\_

Eight results of the fall of Adam and Eve:

a. Everyone stands *guilty* of sin.

Write **Romans 3:23**:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Write **Romans 5:19**:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

- b. Spiritual *death* came into existence. God created man as a triune being—having a body, soul, and spirit.

*...may your whole \_\_\_\_\_,  
\_\_\_\_\_, and \_\_\_\_\_ be  
preserved blameless at the coming of our Lord Jesus  
Christ. 1 Thessalonians 5:23 (NKJV)*

When Adam and Eve sinned, they died spiritually. They were left to themselves, relying on only their five senses and their selfish soul. They had to navigate through life without God’s Spirit in them. This is spiritual death—existing without the Spirit’s indwelling. Every person born since Adam and Eve has inherited their fallen nature which theologians have classically termed “original sin.” Thus, we are all born with a sinful nature in need of a Savior. Paul clearly demonstrates this in the book of Romans.

Write **Romans 5:12**:

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- c. Man *hid* from God. Read **Genesis 3:8-9**. When Adam and Eve realized they sinned, they chose to hide from God. What did God do?

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d. Man was stricken with *fear*.  
*He answered, "I heard you in the garden, and I was \_\_\_\_\_ because I was naked; so I hid."* **Genesis 3:10 (NIV)**

e. Man *blamed* others.  
Read **Genesis 3:12-13** out loud.

Who did Adam blame? \_\_\_\_\_  
Who did Eve blame? \_\_\_\_\_

f. The *ground* became cursed.  
Read **Genesis 3:17** out loud.

How long is the ground cursed for Adam—and us?  
\_\_\_\_\_

g. Man's *mind* became perverted and wicked.  
Read **Genesis 6:5** out loud.

h. Man came under the *power* of the enemy,  
the devil.  
*...the whole world is under the control of \_\_\_\_\_*  
*\_\_\_\_\_.* **1 John 5:19 (NIV)**

*Remember at that time you were separate from  
Christ...without \_\_\_\_\_ and without  
\_\_\_\_\_ in the world.*

**Ephesians 2:12 (NIV)**

Adam and Eve were then expelled from the garden, never to return. Read **Genesis 3:24** out loud.



## Section Four

### God's Plan for Man

After the fall of man, we see God's plan for man through the *first prophecy* of Jesus and *first blood* in **Genesis 3**. God loves His people so much that He is willing to do whatever it takes to be with them.

1. First Prophecy

*“And I will put enmity between you [the serpent] and the woman, and between your seed [the world] and her Seed [Jesus, the Messiah]; He will bruise [crush] your head, and you will bruise [strike] his heel.”*

**Genesis 3:15 (NKJV)**

2. First Blood

*Unto Adam also and to his wife did the LORD God make \_\_\_\_\_, and clothed them.*

**Genesis 3:21 (KJV)**

We see here that in order to cover sin, blood had to be shed to make “coats of skins,” ultimately pointing to Jesus' bloody death on the cross. Because of Jesus' life, death, burial, and resurrection, we can be clothed with His righteousness.

Write **Isaiah 61:10**:

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3. Within the fall of man, we see beauty in God's plan of redemption.

Write **John 3:16**:

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## Section Five

### The Story of Jesus Christ Begins

1. Jesus Christ is the *centerpiece* of all history.

Write **Revelation 1:8**:

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2. Jesus Christ existed *before* time began.

Write **Colossians 1:17**:

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3. Jesus Christ is the *supreme ruler of the universe*. Therefore God also has highly exalted Him and given Him the \_\_\_\_\_ which is above every \_\_\_\_\_, that at the name of Jesus every knee should \_\_\_\_\_, of those in heaven, and of those on earth, and of those under the earth, and that every tongue should \_\_\_\_\_ that Jesus Christ is Lord, to the glory of God the Father.

**Philippians 2:9-11 (NKJV)**

4. Jesus Christ is Lord.

Read **Colossians 1:15-18** out loud.

The way we come to Christ is through faith and repentance. We go to Him with our sin, brokenness, and pain. When we confess with our mouths and believe in our hearts that Jesus is Lord of all, then we are saved—born again! This is how your new life in Christ begins.

**Write Romans 10:9-10:**

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If you've never asked Jesus to be your Savior and Lord, you can pray the prayer found on **page 178** to help guide you into a beautiful relationship with Christ. Today can be your new spiritual birthday...*born again* in Christ!



## Small Group Discussion

1. In the Session One video teaching, the concept of not being spiritually “built right” is introduced. The idea is that when we’re not built right on a strong, biblical foundation, we can get off track and lose our way.
  - Share a time when you’ve tried to build or create something and it didn’t turn out the way it was intended to. Why wasn’t it successful?
2. What were Adam’s and Eve’s responses after they disobeyed God?
  - What was God’s response?
  - Why do you think He responded this way?
3. The Tree of Life demonstrated God’s desire to be present in our lives and to have fellowship with us.
  - Discuss the difference between living out of the Tree of Life versus the Tree of the Knowledge of Good and Evil.
  - What are some ways we can live with a Tree-of-Life mindset?
4. It is clear in Scripture that God has a purpose and plan for our lives.
  - In what ways have you seen God’s purpose and plan for your life come to pass?
5. How does knowing that God always wants a relationship with you influence your view of Him?

6. Why does God deserve to be put first above everything else? Who benefits when we put God above everything?
7. Is there an area in your life that you struggle to put God first in? What steps can you take today to put Him first in that area?
8. To help us walk fully in the freedom God intends for us, Church of the King offers a 10-week small group series called Freedom. Thousands have gone through this study and have been set free of restraints holding them back. For more information go to **[ChurchoftheKing.com/Freedom](http://ChurchoftheKing.com/Freedom)**.