

NOTES

Tough Questions

Message 1 | Can A Christian Be Depressed?

1 Kings 19:1-3a, 1 Kings 19:4 (GNT) _____

Why People Get Depressed:

1 Kings 19:3b-5a _____

1. We _____ it.

2. We _____.

1 Kings 19:3 _____

3. We sink into _____
_____.

1 Kings 19:4 _____

God's Prescription For Overcoming Depression:

1. Eat, rest, and _____.

1 Kings 19:5-8 _____

2. _____ with God's truth.

1 Kings 19:9-10 _____

3. Keep _____.

1 Kings 19:15-16 _____

Take your Next Steps...

Text **STEP** to **25827** or visit ChurchoftheKing.com/nextsteps.

What is God speaking to me today? Who can I invite to church?

All Scriptures are from the New King James Version (NKJV) of the Bible unless otherwise noted. View message notes online at ChurchoftheKing.com/youversion.